





TAMLYN **LUYT**

I would love to study cycling overseas and take part in bigger events, maybe become one of the worlds champions

Date started:2020Duration:2 years

Upsets: It has been a tough year for her with her injury and all and she has shown and reminded us of where the head is strong

the body will follow.

Started Training and going BIG!!!! Tamlyn will be a 1st year Junior woman next year (2023) and will be out for the challenge.

ACHIEVEMENTS FOR 2022

2022

- 1st Northwest Youth Woman XCO 2022
- Took top of the log in all the Gauteng XCO youth races and even won Gauteng Champs (She does not get recognition as she is from NW but everyone in Gauteng knows her.)
- 12th Place in SA XCO Champs 2022
- Ranked 8th in Youth woman XCO in South Africa 2022.
- September 2022 Received her school Northwest colours Ranked 1st in school cycling Northwest youth woman. (With an injury)
- October 2022 Received award from school for the highest achievement in cycling (Her name goes on with Louis Meintjies) (Bergsig Academic)
- October 2022 Meet Louis Meintjies in person and receive one of his cycling shirts (Definitely Tamlyn's HIGHEST POINT this year)
- October 2022 Received her Northwest Provincial colours from Northwest Cycling Union

RUSTENBURG CYCLING CLUB are very proud of her Drive and Endurance in 2022 and will be supporting her in 2023.





















































